PATIENT PREPARATION GUIDE TO SURGERY

(UNDER DR CHIRAG ARORA)

- Do not **eat/drink anything (even water) after midnight before the day of surgery**
- Thoroughly **clean and dry the surgical site** with **CHG (Chlorhexidine- Alcohol (2%)(STERILIUM)** on the morning of surgery
- You are required to get admitted on the **morning of surgery at Fortis hospital** (FMRI, Sector 44) at 5 am sharp (**ADMISSIONS COUNTER**).
- Please bring **all the medical documents, Prescriptions, scans and CD to the hospital.**
- You will undergo a **Pre-Anesthetic Checkup (PAC)** assessment on the morning of surgery, by the anesthetist.
- **Do not take diabetes medication/blood thinner tablets on the morning of surgery**, however you can take hypertension/thyroid medicines.
- The following investigations have to be done **prior to surgery: CBC, LFT, KFT, Coagulation profile (PT,aPTT,INR), Viral markers (HbsAg, HIV, HCV ELISA), chest Xrays and ECG**
- You can use tab pantop 40 (for gastritis) or tab alprax 0.25 mg (for anxiety) if required.
- For any queries, you can **connect at +91 9818184511 /+91 7428849663**, for round the clock help.
- All the **insurance approvals, investigations and OT booking will be completed 2 days prior to surgery (Abhimanyu insurance – 7428849663)**